

Player Name _____

Date _____ Retest Date Wait At Least 1 Month

Testers _____ / _____

Target is at NVZ line for serve, return, and ground stroke**WARM UP AND PRACTICE BEFORE TEST**

Mark boxes to show Pass ✓ or Fail ---

Move on to next item as soon as item passes

Must retest and pass failed item(s) before playing on GENERAL play court

A player may retest part 1 or part 2 after 2 weeks

A player must wait 1 month to retest part 3

1. SERVE .

Even Ct.

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Player serves from EVEN Ct. must pass the target 2 out of 3 tries to pass

Odd Ct.

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Player serves from Odd Ct. must pass the target 2 out of 3 tries to pass

2. RETURN EVEN CT.

EVEN CT.

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Player returns a serve to his FH 2 out of 3 tries to pass

ODD CT.

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Player returns a serve to his BH . 1 out of 3 tries to pass

3. GROUND STROKE

Forehand

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Player stands at baseline and must hit 2 consecutive FH shots 1 rally 3 tries to pass

Backhand

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Player stands at baseline and must hit 2 BH shots (do not need to be consecutive or a rally) 2 out of 3 tries to pass

4. VOLLEY

Forehand

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Player must hit 3 consecutive volleys back to tester using a

Backhand

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combination of forehands and backhands 1 out of 3 tries to pass

5. DINKS

FOREHAND

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Player will return a dink using his FH 2 out of 3 tries to pass (does not need to be consecutive dinks or a rally)

BACKHAND

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Player will return a dink using his BH 2 out of 3 tries to pass (does not need to be consecutive dinks or a rally)

6. THIRD SOFT SHOT - Can explain what it is and when to use it. 1 try Pass Fail

Tester feeds 3 balls player attempts to place ball in NVZ

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0 out of 3 tries (cannot)fail

SAMPLE

Skill Assessment Test 2.5+ Part 2 PLAYING

Player Name _____ Date _____ Pass Fail

Testers are looking for:

Testers _____ / _____

- 1. Keeps score and knows where to stand
- 2. Approaches the NVZ
- 3. Aware of the soft game - uses some dinks
- 4. What is a volley?
- 5. Can explain doubles court movement (When your partner is here , where should you be?)

Retest date not before _____

Y	No	No	X
	Volley	Volley	
	Zone	Zone	

Tester Comments:

If player does not pass part 1 or 2 they may retest after 2 weeks the item(s) needing improvement

Player must wait at least 1 month before retesting part 3

Player should focus on these aspects while playing and ask for help from others as needed