

Player Name _____

Date _____ Retest Date Wait At least 1 Month

Testers _____ / _____

List recent tournament results include give skill level _____

What skill level do you think you are? _____

WARM UP AND PRACTICE BEFORE TEST

Mark boxes to show Pass or Fail ---

Move on to next item as soon as item passes

Must retest and pass failed item before playing on 3.5+ court

A player may retest after 1 month of practice
Two months must pass before a second retest.

1. SERVE .

Even

Odd

Take 2 PRACTICE serves, if they land in the forehand target they count

Forehand

Player serves from EVEN Ct. to Even ct. Left side target, then to the right side target

2 out of 3 tries

Backhand

Player serves from Odd Ct. to Odd ct. left side target, then to the right side target

2 out of 3 tries

2. RETURN

Even

Odd

Forehand

Player returns a serve to his FH to whole target in Even ct. 3 out of 4 tries

Backhand

Player returns a serve to his BH to whole target in Odd ct. . 3 out of 4 tries.

3. GROUND STROKE

FOREHAND

Player stands at baseline and must hit 3 consecutive FH shots past target in even ct. 1 rally 2 tries. Target is at NVZ line

BACKHAND

Player stands at baseline and must hit 3 consecutive BH shots past target in odd ct. 1 rally 2 tries

4. VOLLEY

Testee and testor stand 12 inches behind NVZ . Testor feeds a volley to testee who must volley 5 consecutive volleys back to testor.

A combination of forehands and backhands should be used. Complete this 2 times out of three tries.

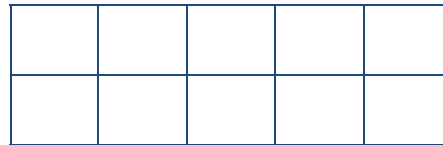
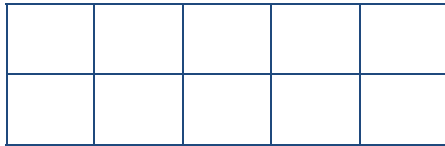
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5. DINKS Testee stands at the outside corner of NVZ line and dinks diagonally even court to odd court and then reverses this.

Testee must use a combination of forehand and backhand on each court. 5 consecutive dinks @ side 2 tries

Even Court

Odd Court



6. Third Shot Drop Testee serves a ball (must be deep) and drops the next ball (the return of serve hit by the tester) into the NVZ. Do this 3 out of 4 tries on FH and 2 out of 4 on BH.

Even Court

Odd Court

Forehand
Backhand



7. Return of serve and going to NVZ. Testee returns the testers serve and gets to the NVZ by the time the tester hits the 3rd shot and dinks the ball over the net.

3 out of 3 tries

Even Court

Odd Court

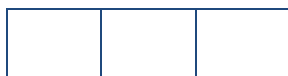
Forehand
Backhand



8. Lob Testee stands NVZ center. Tester lobs and the testee must get to the lob (may bounce 1 time) and hits the ball into the court. 2 out of 3 tries

FH

BH



3.5+ Assessment Part 2

After passing part 1, strokes, players will immediately be given provisional status to play on the 3.5+ courts for **UP to 3 Months**. During that time the Pat 1 team can play with, observe and assess the players skills. Provisional players will wear a red, white and blue wrist band when playing. 85% of Pat Team 1 members must vote to pass the player or the payer stays on the General Courts.

Skills

Gherkins Part 2 Assessment

1. Controls and places serves and returns of serve to best advantage
2. Varies shots for competitive advantage. Correct choice of shots, lob, dinks, volleys, third shot short, overheads
3. Quick approach to NVZ , not staying back or hanging back, demonstrating ability to play in offensive mode.
4. Communicates and moves well with partner – easily “switches” court position.
5. Has good footwork and moves around the court well.
6. Strategy - using varied shot choice and placement to construct scoring opportunities.
7. Specifically places shots rather than just hitting the ball anywhere over the net.
8. Has a limited number of unforced errors per game.
9. Demonstrates patience waiting for appropriate time to go for a winner

It is not whether you win or lose – it is HOW you play the game.

PASS _____ FAIL Retest date not before _____

Tester Comments:

If player does not pass part 2 they may return at a later date to be reevaluated.

Player must wait at least 1 month before retesting part 2 the first time , 3 months between each succeeding retest.

Player should focus on the failed items while playing on the General and Practice Courts.